



Dear Parent/Guardian,

The Sidney Central School District is continuing to implement an innovative program for all of our students. This program will assist our physicians and trainers in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our students, we use a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete or any individual is believed to have suffered a head injury during an activity, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in “video-game” type format and takes about 30-40 minutes to complete. The test is simple and athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test. Athletes participating in non-contact sports are not required to take the baseline test. For these students and for all other students in the district, we will use normative data as their baseline test.

If a concussion is suspected, the student will be required to re-take the test. Both the preseason and post-injury test data is given to a local doctor to help evaluate the injury. The information gathered can also be shared with your family doctor. The test data will enable these health professionals to determine when return-to-activity is appropriate and safe for the injured student. If an injury of this nature occurs to your child, you will be promptly contacted with all the details.

I wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to your child. We are excited to implement this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. The Sidney Central School District administration, coaching, and medical staffs are striving to keep your child’s health and safety at the forefront of the student experience. If you wish for your child **NOT** to be given this test please complete the information below and return it before August 14, 2017. If you have any further questions regarding this program please feel free to contact me.

Sincerely,

James Karl
Athletics Coordinator
Sidney Central School District
607 561 7712
jkarl@sidneycsd.org



Do Not Consent Form

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I do not agree to participate in the ImPACT Concussion Management Program.

Printed Name of Athlete _____

Sport _____

Signature of Athlete

Date

Signature of Parent

Date