

# Sidney Elementary Presents:

## Farm to Table Days

Simple dishes from local farms -  
- prepared and served with and  
for our students



Date	Dish	Experience
September 25	¡Salsa!	Mix tomatoes, onions, and cilantro to make a salsa
October 29	Pumpkin Custard and roasted pumpkin seeds	Scoop seeds from a pumpkin
November 24	Grilled corn and kale salad	husk and cut corn
December 17	Homemade applesauce with cinnamon	Learn how to make applesauce

-Farm to Table Days is a collaboration of Sidney Food Services, Green Thumb Growers Guild, and Cornell Cooperative Extension

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