

Sidney Athletics

TEAM _____ DATE _____

HEAD COACH _____ PHONE _____

EMAIL _____

List of items needed prior to season:

PRE-SEASON CHECK LIST

- 1. Student-Athlete packet is complete and turned into HEALTH office.
- 2. Medical Kit is properly stocked and issued.
 - Reference First Aid Equipment sheet for proper supplies.
 - Notify Athletic Director of missing items.
- 3. Team storage cages are organized.
- 4. Keys and door FOB's have been issued.
- 5. All athletes' equipment has been issued and documented.
- 6. Pre-season meeting with Athletic Coordinator has been completed.
- 7. Rosters are documented and submitted to Athletic Coordinator.
- 8. All uniforms have been inventoried and distributed.
- 9. Athlete is academically eligible to participate (check with Athletic Coordinator).
- 10. Familiar with rules and regulations.
- 11. Attend preseason league meeting.
- 12. Practice Plans.
- 13. Game Schedules / Gym Schedules (see Athletic Coordinator).
- 14. Water jugs and ice chest.
- 15. Refer to NYSPHSAA Handbook p. 174 (H.S.) & p. 210 (M.S.) # of Practices Prior to Contest
- 16. Know where the closest AED is located

Date turned in _____

Coach's Initial _____

AC's Initial _____