

Sidney Central School District

Pool Rules

1. Showers must be taken prior to entering the pool
2. Appropriate bathing suits are required. No cut-offs or street clothes are allowed in the pool.
3. No swimming without a lifeguard on duty.
4. No running on the pool deck.
5. No diving in the shallow end.
6. Only appropriate water entries: no back jumps, back dives, or flips.
7. Hair should be pulled up if shoulder length or longer.
8. No band-aids or bandages may be worn in the pool.
9. No profanity or ill-tempered behaviors towards other students or staff will be tolerated.
10. No food, gum, candy or drink in pool area.
11. No glass containers.
12. No street shoes allowed in pool area.
13. Use of starting blocks or diving board is allowed with lifeguard's permission.
14. No hanging on ladders, blue rope, diving board or lane lines.
15. Enforcement of rules is subject to lifeguards' discretion and is subject to change without notice. Anyone not following pool rules will be removed immediately.